

# Key studies on which the FDA based its conclusions

Author/Journal	Article title	Author's findings
von Berg A et al <i>J Allergy Clin Immunol</i> 2007*	Certain hydrolyzed formulas reduce the incidence of atopic dermatitis but not that of asthma: three-year results of the German Infant Nutritional Intervention Study	There was a statistically significant reduction in the incidence of AD at 1 and 3 years of age in infants who consumed 100% whey, partially hydrolyzed infant formula (100% W-pHF) compared to those who consumed intact cow's milk protein formula (CMF)
von Berg A et al <i>J Allergy Clin Immunol</i> 2003*	The effect of hydrolyzed cow's milk formula for allergy prevention in the first year of life: the German Infant Nutritional Intervention Study, a randomized double-blind trial	There was a significantly lower incidence of AD after the first 12 months of life for infants receiving 100% W-pHF compared to those receiving CMF
Chan YH et al <i>J Pediatr Child Health</i> 2002	Use of hypoallergenic formula in the prevention of atopic disease among Asian children	Exclusive feeding with 100% W-pHF in the first 4 months of life among infants with atopic family histories could protect against the development of atopic manifestations, such as AD, with protection lasting as long as 24 months
Marini A et al <i>Acta Paediatr Suppl</i> 1996	Effects of a dietary and environmental prevention programme on the incidence of allergic symptoms in high atopic risk infants: three years follow-up	At 3 years of age, infants fed 100% W-pHF had a significantly lower incidence of allergic manifestations (including AD) than infants fed CMF. Infants exclusively fed CMF had a significantly higher incidence of AD than infants fed 100% W-pHF. The difference increased during the 2nd and 3rd years
Vandenplas Y et al <i>Eur J Pediatr</i> 1995	The long-term effect of a partial whey hydrolysate formula on the prophylaxis of atopic disease	It is concluded that the use of 100% W-pHF in a high-risk population decreased the prevalence of eczema. This was related to a decreased incidence of cow's milk protein sensitivity

\* The partially hydrolyzed whey formula tested in these studies was a Nestlé 100% W-pHF.

GERBER® recommends breastfeeding as the best way to nourish infants