

Gerber® Good Start® Infant Formulas

Extensive HA® Infant Formula Powder

Mixing Instructions for Increasing Caloric Density

Desired concentration	Water		Unpacked Level Scoop	Approximate Yield	
	<i>fl oz</i>	<i>mL</i>		<i>fl oz</i>	<i>mL</i>
20 kcal/fl oz	2.0	60	2	2.2	66
22 kcal/fl oz	1.9	55	2	2.1	62
24 kcal/fl oz	2.5	75	3	2.9	85
27 kcal/fl oz	2.2	65	3	2.5	75
30 kcal/fl oz	2.5	75	4	3	88

One scoop of powder has approximately 22.7 calories

One scoop of powder displaces 3.3 mL

Higher-calorie formula concentrations should be used only under the direction of a medical professional.

Decisions regarding caloric concentration should be based on medical condition and history. The health care provider is responsible for determining nutritional requirements and monitoring patient tolerance to feedings.

The extended use of >20kcal/fl oz formula is not recommended in the absence of medical necessity.

As with any powdered infant formula product, use with immune-compromised infants is not recommended. When such use is necessary, we recommended following the Academy of Nutrition and Dietetics guidelines for safe preparation, storage, and administration.

- For Medical Professional Use Only -

Gerber® Extensive HA® Infant Formula Powder

Nutrients	Per 100 kcal	Per 100 mL				
		20kcal/fl oz	22kcal/fl oz	24kcal/fl oz	27kcal/fl oz	30kcal/fl oz
Energy, kcal	100	68	74	81	91	101
Volume, mL	148	100	100	100	100	100
Protein, g	2.6	1.8	1.9	2.1	2.4	2.6
Fat, g	5.1	3.4	3.8	4.1	4.7	5.2
Linoleic Acid, mg	777	526	578	631	709	788
Linolenic Acid, mg	100	68	74	81	91	101
DHA, % total fat	0.32	0.32	0.32	0.32	0.32	0.32
ARA, % total fat	0.32	0.32	0.32	0.32	0.32	0.32
Carbohydrate, g	10.9	7.4	8.1	8.8	10.0	11.1
Vitamins						
Vitamin A, IU	312	211	232	253	285	317
Vitamin D, IU	45	30	33	37	41	46
Vitamin E, IU	2	1.4	1.5	1.6	1.8	2.0
Vitamin K, mcg	10	6.8	7	8.1	9.1	10.1
Thiamin (Vitamin B1), mcg	93	63	69	75	85	94
Riboflavin (Vitamin B2), mcg	152	103	113	123	139	154
Vitamin B6, mcg	79	53	59	64	72	80
Vitamin B12, mcg	0.3	0.20	0.22	0.24	0.3	0.30
Niacin, mcg	1028	695	765	834	939	1043
Folic Acid, mcg	15	10	11	12	14	15
Pantothenic Acid, mcg	730	494	543	592	667	741
Biotin, mcg	2	1	1.5	1.6	2	2.0
Vitamin C, mg	15	10	11	12	14	15
Choline, mg	24	16	18	19	22	24
Inositol, mg	20	13.5	14.9	16.2	18.3	20.3
Minerals						
Calcium, mg	90	61	67	73	82	91
Phosphorus, mg	63	43	47	51	58	64
Magnesium, mg	9	6.1	6.7	7.3	8.2	9.1
Iron, mg	1.8	1	1.3	1.5	1.6	1.8
Zinc, mg	1	0.68	0.7	0.81	0.91	1.01
Manganese, mcg	7	5	5	6	6	7
Copper, mcg	98	66	73	80	89	99
Iodine, mcg	15	10.1	11.2	12.2	14	15.2
Selenium, mcg	2	1	1.5	1.6	1.8	2
Sodium, mg	38	26	28	31	35	39
Potassium, mg	98	66	73	80	89	99
Chloride, mg	79	53	59	64	72	80
Other						
Probiotic, CFU/g powder^	1 x 10 ⁶ , <i>B. lactis</i>					
Added Nucleotides, mg	4.6	3.1	3.4	3.7	4.2	4.7
PRSL,* mOsm per 100 kcal	26.8					

PRSL,* mOsm per 100 mL		18.1	19.9	21.8	24.5	27.2
Approximate osmolality, mOsm/kg water	220	220	242	264	297	330

^Colony Forming Units

*Potential Renal Solute Load

**Nutrients per 100 mL are based on calculated results
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