

# Gerber® Good Start® Grow with HMO Toddler Drink

## Mixing Instructions for Increasing Caloric Density

Desired concentration	Water		Unpacked Level Scoop	Approximate Yield	
	<i>fl oz</i>	<i>mL</i>		<i>fl oz</i>	<i>mL</i>
20 kcal/fl oz	5.6	165	3	6.3	186
22 kcal/fl oz	5.1	150	3	5.8	171
24 kcal/fl oz	4.6	135	3	5.3	156
27 kcal/fl oz	5.2	155	4	6.2	183
30 kcal/fl oz	4.6	135	4	5.5	163

One scoop of powder has approximately 42 calories

One scoop of powder displaces approximately 7.1 mL

Higher-calorie formula concentrations should be used only under the direction of a medical professional.

Decisions regarding caloric concentration should be based on medical condition and history. The health care provider is responsible for determining nutritional requirements and monitoring patient tolerance to feedings. The extended use of >20kcal/fl oz formula is not recommended in the absence of medical necessity.

As with any powdered formula product, use with immune-compromised infants is not recommended.

When such use is necessary, we recommend following the Academy of Nutrition and Dietetics guidelines for safe preparation, storage, and administration.

**- For Medical Professional Use Only -**