

# FOR MEDICAL PROFESSIONAL USE ONLY

## Formula Weights, Volumes, and Calories for Powder Infant Formulas and Toddler Drinks



### Formula Weights, Volumes, and Calories

Gerber® Good Start® Powder Formula	Container Size	Grams per Container	Grams per Level Cup <sup>†</sup>	Grams per Level Scoop	Volume of Prepared Formula per Container (fl oz)	Calories per Container <sup>‡</sup>
Gentle Supreme	20 oz	566	103	8.7	145	2898
	12.7 oz*	360			92	1843
GentlePro	20 oz	567	103	8.7	145	2903
	25 oz	708			181	3625
	32 oz	907			231	4644
Gentle	12.7 oz	360	103	8.7	92	1843
NAN 1 PRO	12.7 oz	360	103	8.7	92	1843
	28.2 oz	799			204	4091
SoothePro	12.4 oz*	351			90	1797
	19.4 oz	549	103	8.7	160	2811
	30.6 oz	867			221	4439
Soy	12.9 oz	366	105	8.9	91	1834
	20 oz	566			182	2836
Extensive HA	14.1 oz	400	130	4.6	96	1972
GentlePro 2	24.5 oz	694	105	8.9	199	3477
Soy 2	24 oz	680	105	8.9	170	3407
Gentle Supreme Toddler	20 oz	566	110	9.3	145	2575
Grow Toddler	24 oz	680	105	9.3	162	3094
NAN PRO Toddler	12.7 oz	360	98	8.3	92	1755
	28.2 oz	800			204	3901

Values are approximate, based on calculated results. Measuring powder by weight yields the most accurate results. If an exact dilution is not required and powder is measured by volume, powder should be level and unpacked. As with any powdered infant formula product, use with immune compromised infants is not recommended. When such use is necessary, we recommend following the Academy of Nutrition and Dietetics guidelines for safe preparation, storage, and administration.

\* Trial/sample sizes only. † Calculation: scoops per cup x grams per scoop = grams per cup. ‡ Calculation: total gram weight of container x (kcal per 100 gram/100). All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland or used with permission. ©2022 Nestlé. GMED5450222



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