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CACFP CREDITABLE

Foods for Infants

QUALITY
IS AT THE
HEART
OF WHAT WE DOLearn more about our
Clean Label Project® certificationsgerber.com/commitment-to-quality

Our Growing List of Certifications

Creditable Fruit or Veggie

	Serving Size	Fruit	Veggie	Meat
Gerber® Natural 1st Foods®				
Banana*	2 oz Tub	3.5 Tbsp		
Prune	2 oz Tub	1.5 Tbsp		
Sweet Potato*	2 oz Tub			2.5 Tbsp

Gerber® Organic 1st Foods®

	Serving Size	Fruit	Veggie	Meat
Apple*	4 oz Jar	7.5 Tbsp		
Banana*	4 oz Jar	7.5 Tbsp		
Carrot*	4 oz Jar			6 Tbsp

Gerber® Natural 2nd Foods®†

	Serving Size	Fruit	Veggie	Meat
Apple Strawberry Banana*	3.5 oz Pouch	6.5 Tbsp		
Banana*	3.5 oz Pouch	6.5 Tbsp		
Banana Blueberry*	4 oz Jar	7.5 Tbsp		
Butternut Squash*	4 oz Tub		5.5 Tbsp	
Carrot Sweet Potato Pea	4 oz Tub	5.5 Tbsp		
Green Bean*	4 oz Tub		6 Tbsp	
Mango*	4 oz Tub	7.5 Tbsp		

Gerber® Organic 2nd Foods®

	Serving Size	Fruit	Veggie	Meat
Apple Wild Blueberry*	4 oz Jar	7.5 Tbsp		
Pear Mango Avocado*	3.5 oz Pouch	6.5 Tbsp		

Gerber® 3rd Foods®^

	Serving Size	Fruit	Veggie	Meat
Pasta Marinara	6 oz Jar		5.25 Tbsp	
Pear Peach Oatmeal	6 oz Jar	6 Tbsp		

* Products marked with an "*" have one or more Clean Label Project® Certifications. All CACFP Creditable products are not certified. Details on products with Clean Label Project® Certifications available on Gerber.com

† Some Gerber® Natural purees contain vitamin C.

^ Products may contain other nutrient-dense foods such as grains, but these are not creditable.

‡ Made for picking up; dissolves easily; not to be used with milk.

Tbsp = Tablespoon

Product Formulation Sheets are available upon request.

Always check the product label for allergen and ingredient information.

Creditable Fruit & Veggie Blends

	Serving Size	Fruit	Veggie	Meat
Gerber® Natural 2nd Foods®†				
Pear Carrot Pea*	4 oz Jar	4.75 Tbsp	2 Tbsp	
Pear Zucchini Corn	4 oz Tub	6 Tbsp	1.5 Tbsp	

Gerber® Organic 2nd Foods®

	Serving Size	Fruit	Veggie	Meat
Carrot Apple Mango*	3.5 oz Pouch	3.75 Tbsp	2 Tbsp	

Creditable Combination Categories^

	Serving Size	Fruit	Veggie	Meat
Gerber® 2nd Foods®				
Apple Chicken	4 oz Tub	4 Tbsp		0.5 Tbsp
Chicken Noodle	4 oz Tub		2 Tbsp	0.5 Tbsp
Chicken Rice	4 oz Tub		2 Tbsp	0.66 Tbsp
Sweet Potato Turkey	4 oz Tub		2 Tbsp	0.5 Tbsp
Turkey Rice	4 oz Tub		2 Tbsp	0.66 Tbsp
Vegetable Beef	4 oz Tub		2 Tbsp	0.5 Tbsp
Vegetable Chicken	4 oz Tub		2 Tbsp	0.5 Tbsp

Gerber® 3rd Foods®

	Serving Size	Fruit	Veggie	Meat
Beef Vegetable	6 oz Jar		7.25 Tbsp	1 Tbsp
Harvest Turkey Dinner	6 oz Jar		4.5 Tbsp	1 Tbsp

Creditable Meats

	Serving Size	Fruit	Veggie	Meat
Gerber® 2nd Foods®				
Beef and Gravy*	2.5 oz Jar			2.75 Tbsp
Chicken and Gravy*	2.5 oz Jar			3 Tbsp
Ham and Gravy*	2.5 oz Jar			2.75 Tbsp
Turkey and Gravy	2.5 oz Jar			2.75 Tbsp

Gerber® is a Clean Label Project®

certified brand on
select products*



Gerber foods are made
with nutrient-dense
ingredients such as whole
grains, fruits, vegetables,
and legumes

*All CACFP
Creditable
products are
not certified.
Details on
products with Clean Label Project® Certifications
available on Gerber.com



Begin nutrient-dense foods from all food
groups at around 6 months of age, but
not before 4 months. Foods should be
age and developmentally appropriate.



Include foods rich in iron and zinc, such as
infant cereal.

Two servings of infant cereal a day meets baby's need for
iron—a critical nutrient for brain development, learning
ability and immune function.

Creditable Infant Cereal

Iron helps support brain development. Infant cereal is the
#1 food source of iron. Just 2 servings of Gerber® Infant
Cereal provide 100% of your baby's daily iron needs.



One 8 oz canister has 60 Tbsp of Infant Cereal. ½ oz eq is about 4 tbsp dry cereal.

Gerber® Infant Cereal

Multigrain* • Oatmeal* • Rice

Gerber® Organic Infant Cereal

Organic Oatmeal



Creditable Puffs Cereal Snack

Make every little bite count with Gerber® Puffs Cereal Snack.†
Each serving contains 2 grams of whole grains and 6 essential
vitamins and minerals like iron and choline. NO artificial flavors
or artificial sweeteners and non-GMO project verified.



One 7-gram serving of Puffs provides 0.25 oz Ready-to-Eat cereal, Group I.

Gerber® Puffs

Apple Cinnamon • Banana* • Blueberry* • Peach •
Strawberry Apple* • Sweet Potato • Vanilla



Creditable Yogurt

Gerber® Yogurts are made with real yogurt blended
with natural fruit and have vitamin D and calcium
making them a great snack option for little ones. They've
also been specially prepared and packaged to need no
refrigeration before opening, so they're great for on the go.



Each tub has 4.0 oz of yogurt. Sold in 2-pack.

Gerber® Yogurt

Banana • Peach • Strawberry • Strawberry Banana



Find additional
varieties on
business.gerber.com

Have a favorite product not listed here?
Call 1-800-284-9488. For more
information, visit medical.gerber.com